

Spring Reflections



**Winter leaves traces. Spring brings them to the surface.
A personal reflection for you.**

5

What part of you is ready to come to the surface as spring begins?
e.g. the courage, the voice, the idea, the leader, the creator in you...

Handwriting practice area for question 5, consisting of a solid top line, a dashed middle line, and a solid bottom line.

4

What do you commit to doing differently from now?
e.g. to ask for what I need, to speak up sooner, to take more ownership...

Handwriting practice area for question 4, consisting of a solid top line, a dashed middle line, and a solid bottom line.

3

What have you let slide too long without addressing it?
e.g. a difficult conversation, an unkept commitment, an unexpressed boundary...

Handwriting practice area for question 3, consisting of a solid top line, a dashed middle line, and a solid bottom line.

2

What have you not shared with your team — and what has that silence cost you?
e.g. a need, an idea, a concern, an unspoken appreciation...

Handwriting practice area for question 2, consisting of a solid top line, a dashed middle line, and a solid bottom line.

1

What did you deliver this winter that you are proud of?
e.g. a project, a decision, a moment of courage, a change...

Handwriting practice area for question 1, consisting of a solid top line, a dashed middle line, and a solid bottom line.